760242336 | P-144-MZ-5L-F12AQ/20T



Fiber indoor cable, LazrSPEED® Plenum MPO Trunk, interlocking aluminum armored with plenum jacket, Multimode OM3, 144 fiber multiunit with 12 fiber subunits, gel-free, Feet jacket marking, Aqua jacket color

Product Classification

Regional Availability	Asia Australia/New Zealand Latin America Middle East /Africa North America
Portfolio	CommScope®
Product Type	Fiber indoor cable
Product Series	P-MZ
General Specifications	
Armor Type	Interlocking aluminum
Cable Type	MPO trunk cable
Construction Type	Armored
Subunit Type	Gel-free
Jacket Color	Aqua
Jacket Marking	Feet
Subunit, quantity	12
Fibers per Subunit, quantity	12
Total Fiber Count	144
Dimensions	
Buffer Tube/Subunit Diameter	2 mm 0.079 in
Diameter Over Armor	18.4 mm 0.724 in
Diameter Over Jacket	20.5 mm 0.807 in

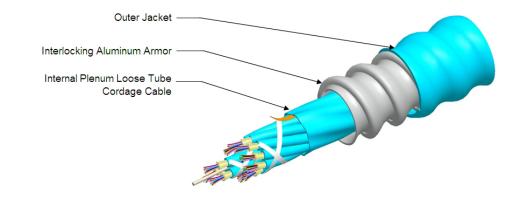
Representative Image

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Mechanical Specifications

Minimum Bend Radius, loaded	307 mm 12.087 in
Minimum Bend Radius, unloaded	205 mm 8.071 in
Tensile Load, long term, maximum	200 N 44.962 lbf
Tensile Load, short term, maximum	667 N 149.948 lbf
Compression	85 N/mm 485.363 lb/in
Compression Test Method	FOTP-41 IEC 60794-1 E3
Flex	300 cycles
Flex Test Method	FOTP-104 IEC 60794-1 E6
Impact	35 N-m 309.776 in lb
Impact Test Method	FOTP-25 IEC 60794-1 E4
Strain	See long and short term tensile loads
Strain Test Method	FOTP-33 IEC 60794-1 E1
Twist	10 cycles
Twist Test Method	FOTP-85 IEC 60794-1 E7
Vertical Rise, maximum	57 m 187.008 ft
Optical Specifications	
Fiber Type	OM3, LazrSPEED® 300 OM3, LazrSPEED® 300

Environmental Specifications

Installation temperature

0 °C to +70 °C (+32 °F to +158 °F)

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Operating Temperature	0 °C to +70 °C (+32 °F to +158 °F)
Storage Temperature	-40 °C to +70 °C (-40 °F to +158 °F)
Cable Qualification Standards	ANSI/ICEA S-83-596 Telcordia GR-409
Environmental Space	Plenum
Flame Test Listing	NEC OFCP (ETL) and c(ETL)
Flame Test Method	NFPA 130 NFPA 262

Environmental Test Specifications

Heat Age	0 °C to +85 °C (+32 °F to +185 °F)
Heat Age Test Method	IEC 60794-1 F9
Low High Bend	0 °C to +70 °C (+32 °F to +158 °F)
Low High Bend Test Method	FOTP-37 IEC 60794-1 E11
Temperature Cycle	0 °C to +70 °C (+32 °F to +158 °F)
Temperature Cycle Test Method	FOTP-3 IEC 60794-1 F1

Packaging and Weights

Cable weight

356 kg/km | 239.221 lb/kft

Regulatory Compliance/Certifications

Agency

Classification

Designed, manufactured and/or distributed under this quality management system



ISO 9001:2015

Included Products

CS-5L-MP

LazrSPEED® 300 OM3 Bend-Insensitive Multimode Fiber

* Footnotes

Operating Temperature Specification applicable to non-terminated bulk fiber cable

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