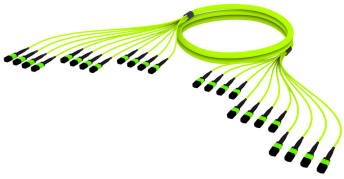


# FGVMPMPAM

## Base Product



OM5 MPO (Unpinned) to MPO (Unpinned), InstaPATCH® 360 Pre-terminated Trunk Cable, 144-Fiber, plenum

- LazrSPEED® WideBand extends the capability of OM4 across enough spectrum to support at least four low-cost wavelengths

## Product Classification

<b>Regional Availability</b>	Asia   Australia/New Zealand   China   Europe   India   Latin America   Middle East/Africa   North America
<b>Portfolio</b>	CommScope®
<b>Product Type</b>	Fiber trunk cable assembly
<b>Product Brand</b>	SYSTIMAX InstaPATCH® 360
<b>Ordering Note</b>	For additional jacket colors, please contact a CommScope Sales Representative   For lengths greater than 999 ft (304 m), orders must be in meters   Minimum length may vary based on cable configuration

## General Specifications

<b>Color, boot A</b>	Black
<b>Color, connector A</b>	Lime green
<b>Color, boot B</b>	Black
<b>Color, connector B</b>	Lime green
<b>Construction Type</b>	Stranded
<b>Furcation Color</b>	Lime green
<b>Interface, Connector A</b>	MPO-12/UPC Female
<b>Interface, Connector B</b>	MPO-12/UPC Female
<b>Jacket Color</b>	Lime green
<b>Polarity</b>	Method B (LL)
<b>Fibers per Subunit, quantity</b>	12
<b>Total Fibers, quantity</b>	144

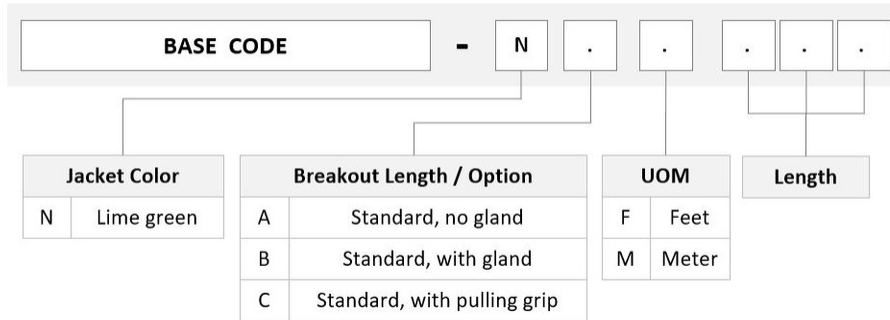
## Dimensions

<b>Breakout Length</b>	33 in
<b>Cable Assembly Length Range (m)</b>	3 – 999

# FGVMPMPAM

**Cable Assembly Length Range (ft)** 10 – 999

## Ordering Tree



## Mechanical Specifications

**Cable Retention Strength, maximum** 11.24 lb @ 0 ° | 4.40 lb @ 90 °

## Optical Specifications

**Fiber Mode** Multimode

**Fiber Type** OM5, LazrSPEED®

## Environmental Specifications

**Operating Temperature** -10 °C to +60 °C (+14 °F to +140 °F)

**Environmental Space** Indoor | Plenum

## Regulatory Compliance/Certifications

Agency	Classification
ANATEL	Compliant
CHINA-ROHS	Above maximum concentration value
ISO 9001:2015	Designed, manufactured and/or distributed under this quality management system
REACH-SVHC	Compliant as per SVHC revision on <a href="http://www.commscope.com/ProductCompliance">www.commscope.com/ProductCompliance</a>
ROHS	Compliant/Exempted
UK-ROHS	Compliant/Exempted



# FGVMPMPAM

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## Included Products

- 760223024  
P-144-MP-5G-F12LM
  - 860647056
- Fiber indoor cable, LazrSPEED® Plenum MPO Trunk, 144 fiber multi-unit with 12 fiber subunits, Multimode OM5, Gel-free, Feet jacket marking, Lime green jacket color
  - MPO12, LOW LOSS, FEMALE, OM5, LIME, 3mm

# 760223024 | P-144-MP-5G-F12LM

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Fiber indoor cable, LazrSPEED® Plenum MPO Trunk, 144 fiber multi-unit with 12 fiber subunits, Multimode OM5, Gel-free, Feet jacket marking, Lime green jacket color

## Product Classification

<b>Regional Availability</b>	Asia   Australia/New Zealand   Latin America   Middle East /Africa   North America
<b>Portfolio</b>	CommScope®
<b>Product Type</b>	Fiber indoor cable
<b>Product Series</b>	P-MP

## General Specifications

<b>Cable Type</b>	MPO trunk cable
<b>Construction Type</b>	Non-armored
<b>Subunit Type</b>	Gel-free
<b>Jacket Color</b>	Lime green
<b>Jacket Marking</b>	Feet
<b>Subunit, quantity</b>	12
<b>Fibers per Subunit, quantity</b>	12
<b>Total Fiber Count</b>	144

## Dimensions

<b>Buffer Tube/Subunit Diameter</b>	3 mm   0.118 in
<b>Diameter Over Jacket</b>	14.12 mm   0.556 in

## Representative Image



## Mechanical Specifications

<b>Minimum Bend Radius, loaded</b>	197 mm   7.756 in
<b>Minimum Bend Radius, unloaded</b>	131 mm   5.157 in
<b>Tensile Load, long term, maximum</b>	400 N   89.924 lbf
<b>Tensile Load, short term, maximum</b>	1335 N   300.12 lbf
<b>Compression</b>	10 N/mm   57.101 lb/in
<b>Compression Test Method</b>	FOTP-41   IEC 60794-1 E3
<b>Flex</b>	300 cycles
<b>Flex Test Method</b>	FOTP-104   IEC 60794-1 E6
<b>Impact</b>	0.74 N-m   6.55 in lb
<b>Impact Test Method</b>	FOTP-25   IEC 60794-1 E4
<b>Strain</b>	See long and short term tensile loads
<b>Strain Test Method</b>	FOTP-33   IEC 60794-1 E1
<b>Twist</b>	10 cycles
<b>Twist Test Method</b>	FOTP-85   IEC 60794-1 E7
<b>Vertical Rise, maximum</b>	250 m   820.21 ft

## Optical Specifications

<b>Fiber Type</b>	OM5, LazrSPEED® wideband   OM5, LazrSPEED® wideband
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## Environmental Specifications

<b>Installation temperature</b>	0 °C to +70 °C (+32 °F to +158 °F)
<b>Operating Temperature</b>	0 °C to +70 °C (+32 °F to +158 °F)

# 760223024 | P-144-MP-5G-F12LM

<b>Storage Temperature</b>	-40 °C to +70 °C (-40 °F to +158 °F)
<b>Cable Qualification Standards</b>	ANSI/ICEA S-83-596   Telcordia GR-409
<b>Environmental Space</b>	Plenum
<b>Flame Test Listing</b>	NEC OFNP (ETL) and c(ETL)
<b>Flame Test Method</b>	NFPA 130   NFPA 262

## Environmental Test Specifications

<b>Heat Age</b>	0 °C to +85 °C (+32 °F to +185 °F)
<b>Heat Age Test Method</b>	IEC 60794-1 F9
<b>Low High Bend</b>	0 °C to +70 °C (+32 °F to +158 °F)
<b>Low High Bend Test Method</b>	FOTP-37   IEC 60794-1 E11
<b>Temperature Cycle</b>	0 °C to +70 °C (+32 °F to +158 °F)
<b>Temperature Cycle Test Method</b>	FOTP-3   IEC 60794-1 F1

## Packaging and Weights

<b>Cable weight</b>	163 kg/km   109.531 lb/kft
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## Regulatory Compliance/Certifications

<b>Agency</b>	<b>Classification</b>
CHINA-ROHS	Below maximum concentration value
ISO 9001:2015	Designed, manufactured and/or distributed under this quality management system
REACH-SVHC	Compliant as per SVHC revision on <a href="http://www.commscope.com/ProductCompliance">www.commscope.com/ProductCompliance</a>
ROHS	Compliant
UK-ROHS	Compliant

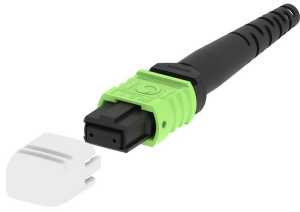


## \* Footnotes

**Operating Temperature** Specification applicable to non-terminated bulk fiber cable

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MPO12, LOW LOSS, FEMALE, OM5, LIME, 3mm

## Product Classification

<b>Regional Availability</b>	Asia   Australia/New Zealand   EMEA   Latin America   North America
<b>Portfolio</b>	CommScope®
<b>Product Type</b>	Fiber connector

## General Specifications

<b>Color</b>	Lime green
<b>Color, boot</b>	Black
<b>Ferrule Geometry</b>	Flat
<b>Interface</b>	MPO/UPC Female
<b>Interface Feature</b>	Unpinned
<b>Total Fiber Count</b>	12

## Dimensions

<b>Length</b>	60.1 mm   2.366 in
<b>Compatible Cable Diameter</b>	3 mm   0.118 in

## Material Specifications

<b>Ferrule Material</b>	Polymer
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## Mechanical Specifications

<b>Cable Retention Strength, maximum</b>	11.24 lb @ 0 °
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## Optical Specifications

<b>Fiber Mode</b>	Multimode
<b>Fiber Type</b>	OM5
<b>Insertion Loss Change, mating</b>	0.3 dB
<b>Optical Components Standard</b>	ANSI/TIA-568-C.3
<b>Insertion Loss Change, temperature</b>	0.3 dB

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**Insertion Loss, maximum** 0.27 dB

**Return Loss, minimum** 27 dB

## Packaging and Weights

**Packaging quantity** 1

## Regulatory Compliance/Certifications

<b>Agency</b>	<b>Classification</b>
ISO 9001:2015	Designed, manufactured and/or distributed under this quality management system

## \* Footnotes

**Insertion Loss Change, mating** TIA-568: Maximum insertion loss change after 500 matings

**Insertion Loss Change, temperature** Maximum insertion loss change from -10 °C to +60 °C (+14 °F to +140 °F)